



THIBODAUX

traveling DOWN THE BAYOU

Begin your experience traveling “*Down the Bayou*” in Thibodaux at the **E. D. White Historic Site**, an Antebellum Creole cottage that sits on six acres of grounds, shaded by huge, century-old oak trees. Surrounded by sugarcane fields, the house displays the area’s plantation culture and the history of the late Governor E. D. White and U.S. Supreme Court Chief Justice E. D. White, II.

Visit the **Jean Lafitte National Historical Park and Preserve Wetlands Acadian Cultural Center**, and watch the film, *Echoes of Acadia*. The documentary tells the story about the Acadian Exile and how these people settled along the bayous and swamps of Lafourche Parish. After the movie, tour the museum and view art and exhibits that describe the early days of the Cajun culture.

See how Gumbo or Etouffe’ is made during a cooking demonstration at the **Chef John Folsé Culinary Institute** at Nicholls State University. Pay close attention to how Chef Randy Cheramie prepares a Cajun Roux, and take part in adding other seasonings and ingredients. When finished, enjoy a delicious bowl of Gumbo or Oyster Etouffe’.

Cross over Bayou Lafourche and visit the **Laurel Valley Village Sugar Plantation and Museum**. Laurel Valley is the largest surviving 19th and 20th century sugar plantation in the United States and features miles of sugar cane fields, the original slave cabins, schoolhouse, and church. Visit the general store, and view antique tools used for harvesting sugar cane.

Cross back over Bayou Lafourche for a delicious lunch at **Grady V’s American Bistro**. Start your meal off with Crab Cakes, followed by Crawfish Pudding, Chicken Ranch Wrap, or smoked barbecue chicken.

Have fun at the **Bayou Country Children’s Museum**, Louisiana’s newest Children’s Museum with a Cajun twist! Learn about the music, agriculture, food, and festivals that make the Cajun culture so unique, on a full-size sugarcane harvester, an interactive Mardi Gras float, a 2-story oil rig, and a severe weather and fire simulator.

Visit the **Donner-Peltier Distillers**, and sample Lafourche Parish’s own Rougaroux Rum made from sugar right here in Lafourche Parish. Tour the distillery, and listen to the legend of the Rougaroux, the ghost that roamed the swamps and sugar cane fields in Louisiana during a full moon.

For dinner, dine at **Cinclare**, and enjoy rustic, southern cuisine made with fresh and simple ingredients. Sip on a beautifully crafted cocktail while you taste modern dishes made by Chef Austin.

E.D. White Historic Site
2295 Hwy 1
Thibodaux, LA 70301
(985) 447-0915

Wetlands Acadian Cultural Center
314 St. Mary Street
Thibodaux, LA 70301
(985) 448-1375

Chef John Folsé Culinary Institute
906 East 1st Street
Thibodaux, LA 70301
(985) 493-2713

Laurel Valley Plantation
595 Hwy 308
Thibodaux, LA 70301
(985) 447-5216

Grady V’s American Bistro
900 Country Club Road
Thibodaux, LA 70301
(985) 446-8894

Bayou Country Children’s Museum
211 Rue Bethancourt
Thibodaux, LA 70301
(985) 446-2200

Donner-Peltier Distillers
1635 Saint Patrick Hwy
Thibodaux, LA 70301
(985) 446-0002

Cinclare
601 West 3rd Street
Thibodaux, LA 70301
(985) 227-9507

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